



The City of Three Rivers is offering an internationally recognized program that promotes nurturing and family interactions by increasing family cohesion, empathy, and self-esteem.

THE NURTURING PARENTING PROGRAM PARENT AND ADOLESCENT GROUP

What is nurturing?

- Nurturing is the ability to care for and foster growth in yourself and others.
- Everyone in a family, both parents and children, need understanding, warmth, respect, and praise. All of these are part of nurturing.

Who can attend the Nurturing Parenting Program for Parents and Adolescents?

- The group program is for any family that wants to get along better, communicate more and feel closer to each other.
- The Nurturing Parenting Program for Parents and Adolescents is a family-centered curriculum for parents and their adolescents-ages 12-17.
- Weekly workshops will offer parenting support and information for parents of children of all ages

Classes begin Tuesday, September 22 - Tuesday, December 15, 2009

5:30-8:30 p.m

Three Rivers Middle School, 1101 Jefferson Street, Three Rivers, Michigan

Cost: *No Charge* for Three Rivers Area Residents

Registration deadline for current sessions, Tuesday, October 13, 2009

Parent's Name _____

Child(ren)'s Name(s) _____ **Date of Birth** _____

(1) _____

(2) _____

(3) _____

(4) _____

Address _____

Contact Number(s) _____

If you need to add more children, please use back of form or additional paper.